

Benefits for all

Lydiard Park Sports Academy is open to all students to apply. There are limited places available; however, if a student is not successful in selection into L.P.S.A, they will still access many benefits that are unlikely to be on offer in other schools

- An enhanced gifted and talented sports programme will run for all pupils who excel at sport. This is available to all pupils classified as gifted and talented in sport.
- Staff across the school will be trained by PDS to give ideas of a different approach to teaching and mentoring
- The attitudes and aspirations attached to the academy will encourage all to aim high. Sporting pupils are natural leaders, this quality will be developed.
- Whole school initiatives will develop a positive ethos and identity, encouraging students to have a positive outlook, taking a leap of faith.
- Main academy PSHE will have a termly focus on sport dynamics.
- A role for all, sport education and leadership approach in the classroom.

Applying for Lydiard Park Sports Academy

Please apply through the normal Swindon Borough Council admission system for a place at Lydiard Park Academy. If you wish your child to be considered for the sports academy an extra application form is available from reception or to download from www.lydiardparkacademy.org.uk. Students who are accepted into Lydiard Park Sports Academy will be graded at either Gold, Silver or Bronze level. The application form contains the criteria students will be expected to meet.

Mission Statement

“Through empowerment and dedicated support, we inspire achievement, raise aspirations and nurture champions of the future”

Athletes accepted into Lydiard Park Sports Academy (L.P.S.A) will be ahead of the game, both on and off the field. Pupils are provided with suitable learning environment so they have the opportunity to develop to their potential

Our Promise

- Students at L.P.S.A will understand how to use their dreams as a vehicle for success
- Self-belief will drive pupils to maximise their true potential
- Students will be motivated to succeed both on and off the field
- Resilience and emotional intelligence will be enhanced, to help pupils manage challenging situations during both sporting and academic performances
- Educational and sporting development will thrive with the support of personal mentors
- Students will have a positive attitude, feeling confident enough to take a leap of faith
- A holistic approach that catalyses mental and physical development

Lydiard Park Academy

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LYDIARD PARK ACADEMY



Maximising Academic and Sporting Performance



What can I expect?

Lydiard Park Sports Academy is unique. Our exciting new academy will take educational and sporting performance to new levels. We understand that serious athletes are different to your average sports enthusiast. Their lives are complex with many variables to consider. The demands and commitments on their time sometimes appear endless. Balancing sporting development with academic dedication, whilst enjoying friendships and living a good family life can be chaotic.

Lydiard Park Sports Academy will make this rollercoaster ride exciting, rather than stressful. With the support of Performance Development Systems, Lydiard Sports Academy will nurture and understand its pupils, daring to be different.

PDS

- PDS has been successfully used by Schools and Colleges, Emergency Services, elite athletes and players at both premier and international level. Their trainers have also been heavily involved in training and advising the Military and Special Forces for over a decade. PDS are also working with the England Rugby squad, as well as PGA Golf coaches.
- PDS is a powerful training tool that will provide L.P.S.A teachers and coaches with the required knowledge, skills and attitude to increase the learning, motivation and performance of the individuals and teams they are working with.
- PDS will also work with individual pupils empowering them to realise and reach their true potential.
- Lydiard Park Sports Academy with the support of PDS will develop a unique programme that will be eventually submitted to the government. Its sole aim will be to nurture the next generation of national sporting champions.

Sports Development

- Support with physical development – Liaising with individual pupils' coaches, we aim to fitness testing once a term, developing personal exercise programmes created.
- Use of Academy training facilities – Exclusive use of areas available for individual use.
- Involvement of National Governing Bodies and other external agencies.
- Coach Education – National Governing Body (NGB) courses, leadership and officiating opportunities delivered
- Scholarships / Bursaries – Support given to find and access funding opportunities (where and when available)
- Local sports facilities – Access reduced rate or free training at the Village Hotel (Subject to availability)
- Sports Injury Clinic / Rehabilitation – Discounted physiotherapy as a L.P.S.A student.
- Development of coaches – PDS will work with L.S.P.A student's coaches to develop their knowledge, skills and understand, supporting the team around the student.



Academic Support

- 1:1 mentoring – Each student will be assigned a PDS trained mentor to support their journey through secondary school
- 1:1 with PDS consultancy – Students will learn cutting edge techniques and skills to help manage their potential and performance. (available to Gold level students*)
- Flexible curriculum – When training and school clash, a quick solution will be found.
- Maths / English tutoring – Extra support for attainment in the core subjects will be offered.
- PSHE programme- L.P.S.A students will be educated in Injury Prevention, Goal Setting, Self Motivation, core stability, and much more.
- Post 16 - Enhanced pathways developed to ensure a passage into the sports industry. Close links with Cirencester, Swindon and New Colleges utilised.

Parental Connection

- Extra academic and sport progress meetings with parents of students enrolled in L.P.S.A.
- Open training / PSHE sessions – parents invited to contribute and share the experience
- Developing a team around the student – coordinating coaches, parents and L.P.S.A.
- Parental workshops – Invitations to attend sessions to support the student for example nutrition and diet.
- Exclusive L.P.S.A newsletter – Updates and future opportunities.
- Direct contact – Specific teacher identified as first point of contact